

THE DOMINANT MUSCLE BUILDER

WHY USE BRANCHED CHAIN AMINO ACIDS (BCAA)? Supplementation is crucial for athletes seeking to build muscle. BCAA are the primary building blocks for muscle growth, reduced muscle breakdown and facilitation of fat loss. Unlike other amino acids, BCAA aminos – leucine, valine and isoleucine – cannot be produced by the body, so must be provided through diet or supplementation.

WHY USE ALLMAX AMINOCORE? Not all BCAA are created equal. AMINOCORE delivers 8.18g of BCAA in a 9:6:5 ratio clinically proven to provide a 350% increase in activation of muscle growth signals! The purest, free-form source of BCAA, AMINOCORE has no added fillers or non-BCAA aminos. AMINOCORE's 9:6:5 BCAAs are 100% pure prior to flavoring. Typical 2:1:1 sources contain impurities resulting in cloudiness, oily foam, sediment, and the worst – a harsh bitter taste! AMINOCORE is the cleanest, purest, best-tasting BCAA supplement money can buy!

INTELLIGENT DIET SUPPORT. AMINOCORE feeds your muscles during diet and exercise to dramatically decrease muscle loss. Additional B-Vitamins further assists in enhancing metabolic power and improving energy levels.

THE SCIENCE OF MUSCLE GROWTH. AMINOCORE 9:6:5 BCAA ratio is clinically proven to increase the activation of muscle growth signals. Scientific studies have identified mTor-p70S6K as the trigger directly responsible for extreme muscle growth. Supplementing with BCAA has been shown to activate increased mTor-p70S6K cellular signaling responsible for muscle growth. The result: you build and retain more hard earned lean muscle and maintain a higher metabolism.\*



CLEAN FOR ATHLETES. BANNED SUBSTANCE TESTED. This product has been skip-lot tested for banned substances for the assurance of athletes and supplement users under the Informed Choice program. For further information about the testing process and test results, please visit [www.CleanForAthletes.com](http://www.CleanForAthletes.com).

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\* Combined with intense resistance training, research has shown that 8,180 mg of BCAA in a 9:6:5 ratio increase signaling within muscle cells to upregulate protein synthesis (growth) by 350%. Research conducted at the Nobel Prize winning Karolinska Institute in Stockholm, Sweden. Journal reference: Karlsson et. al. Am J Physiol Endocrinol Metab 287: E1–E7, 2004.

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90  
SERV

ALLMAX®



AMINOCORE®  
BCAA

8G  
BCAA

0G  
SUGAR

0G  
CARBS



Net Wt / Poids 945 g (2.1 lbs)

NPN 80082458

WHITE GRAPE

**DIRECTIONS:** To activate protein synthesis and increase muscle recovery, take one scoop of AMINOCORE® during weight training or any athletic event. On non-training days, AMINOCORE® can be taken anytime on an empty stomach. Mix one scoop (10.5 g) into a 500 ml (approx. 17 oz) bottle of water or a tall glass of water (2 cups). Shake or stir well.

**MODE D'EMPLOI:** Pour activer la synthèse protéinique et accroître la récupération musculaire, prendre 1 mesure d'AMINOCORE<sup>MD</sup> pendant votre entraînement musculaire ou une activité sportive. Les jours de repos, AMINOCORE<sup>MD</sup> peut être pris à tout moment l'estomac vide. Mélanger 1 mesure (10.5 g) dans une bouteille d'eau de 500 ml (à peu près 17 oz) ou un grand verre d'eau (2 tasses). Agiter ou bien mélanger.

Medicinal Ingredients / Ingrédients médicinaux

Serving Size / Portion: (1 scoop / 1 mesure) 10.5 g  
Servings Per Container / portions par contenant: 90\*

Amount Per Serving / Teneur par portion	% DV/VQ**
Calories	15
Total Carbohydrate / Glucides	0 g 0% <sup>Δ</sup>
Sugars / Sucres	0 g †
Niacin / Niacine	20 mg 125%
Vitamin(e) B6 (as / par Pyridoxine HCl & Pyridoxal-5'-Phosphate [P5P])	2 mg 118%
Folate (as Folic Acid / par acide folique & Calcium 5-Methyltetrahydrofolate / 5-Méthyltétrahydrofolate de calcium)	668 mcg DFE 167%
Vitamin(e) B12 (as / par Methylcobalamin)	6 mcg 250%
AMINOCORE® BCAAs [9:6:5]	8,180 mg †
L-LEUCINE [45%]	3,681 mg
L-VALINE [30%]	2,454 mg
L-ISOLEUCINE [25%]	2,045 mg

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet / Pourcentage de la valeur quotidiennes (VD) selon un régime alimentaire de 2 000 calories  
† Daily Values not established / Valeurs quotidiennes non établie

**NON-MEDICINAL INGREDIENTS:** Malic Acid, Citric Acid, Natural and Artificial Flavours, Sucralose, Acesulfame Potassium, Lecithin (Sunflower), Calcium Silicate.  
**INGRÉDIENTS NON-MÉDICINAUX:** Acide malique, Acide citrique, saveurs naturels et artificiels, sucralose, acésulfame de potassium, lécithine (tournesol), silicate de calcium.



**WARNINGS:** For adult use only. Ensure to drink enough fluid before, during and after exercise. Do not take if you have pre-existing medical conditions. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding. Those sensitive to Vitamin B3 (Niacin) may experience flushing of the skin that is generally mild and transient. Discontinue use and contact your healthcare practitioner if you experience adverse reaction. Consult a healthcare practitioner prior to use if you have liver or kidney disease, or if you have been instructed to follow a low protein diet. KEEP OUT OF REACH OF CHILDREN AND PETS. Store in a cool, dry place away from direct sunlight. Do not use if inner seal is broken.

**AVERTISSEMENTS:** Réservé à un usage adulte. Assurez-vous de boire suffisamment de liquide avant, pendant et après l'exercice. Ne pas prendre si vous avez pré-existimédicales existantes. Consulter un praticien de la santé avant d'utiliser si vous êtes enceinte ou allaitez. Ceux sensibles à la vitamine B3 (niacine) peuvent éprouver rougeur de la peau qui est généralement bénins et transitoires. Arrêter et communiquer avec votre professionnel de la santé si vous ressentez des effets indésirables. Consulter un praticien de la santé avant d'utiliser si vous avez une maladie hépatique ou rénale, ou si vous avez reçu l'ordre de suivre un régime alimentaire faible en protéines. TENIR HORS DE PORTÉE DES ENFANTS ET DES ANIMAUX. Conserver dans un endroit frais et sec à l'abri de la lumière directe. Ne pas utiliser si le sceau intérieur est brisé.

**ALLERGEN WARNING:** Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

**ALLERGÈNES AVERTISSEMENT:** Produit dans une installation qui traite également des produits du lait, soja, oeuf, arachide, noix d'arbre, sésame, poisson, crustacés et fruits de mer.

\*Due to natural variations in product density, resulting from settling and/or humidity, the values are approximate. Product is sold by weight. / En raison des variations naturelles dans la densité du produit, résultant de la sédimentation et/ou l'humidité, les valeurs sont approximatives. Le produit est vendu au poids.

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Made in USA with domestic and imported ingredients / Fabriqué au E-U avec des ingrédients nationaux et importés